



Mass Intentions

SIXTH SUNDAY IN ORDINARY TIME

“Be Reconciled to God” (2 Cor 5:20)



IT'S NOT TO LATE! PICK UP YOUR TICKETS FOR THEOLOGY ON TAP! For a Valentine's Special on Marriage on Sunday, February 15th at 5 p.m. at Russell House. Come hear Charles and Christine Labrosse present on “Putting into Practice Ephesians 5: St. Paul's Teaching on Mutual Submission and Forgiveness.” Please call the office for details 445-3054

YOUR OFFERINGS FOR

February 8, 2009 - \$3022.13

(Average weekly collection needed to cover all expenses:
\$3,000.00)

Thank you for your generosity & support

◆ **LENTEN BIBLE STUDY** for the Pauline Year: Paul's Letter to the Corinthians on Wednesdays March 4th, 11th, 25th and April 1st. Required reading is the commentary from Ignatius Press for \$11.



◆ SHROVE TUESDAY PANCAKE SUPPER

with all the trimmings will take place on Tues., Feb. 24th from 5 - 7 pm here in the Church Hall. Free will offering. Mark your calendar!

◆ **COLLECTION FOR DIOCESAN & MISSIONARY WORKS IS THIS SUNDAY, FEB. 28/29th:** This collection enables the Archdiocese of Ottawa to respond to requests for assistance from Canadian and foreign dioceses, as well as from various groups such as: Campaign Life, National March for Life, Legion of Mary Handicap Pilgrimage, Canadian Catholic Campus Ministry and more.



R.C.I.A. continues this Tuesday February 17th at 7:30 pm. This week, a penance video will be shown and Anointing of the sick will be discussed. Please keep the R.C.I.A. candidates in your prayers as they continue their journey of faith.

Saturday February 14

4:30 pm For the repose of the soul of Colette Vaillancourt by Donna McKlusky

Sunday February 15

9:00 am For the healing intentions of Justin McKenna by the family

10:45 am For the special intentions of the Parishioners by the Pastor

Tuesday February 17

7:00 pm For the repose of the soul of Gino Muto by Frank & Maureen Muto

Wednesday February 18

9:00 am Mass Cancelled

Thursday February 19

9:00 am

Friday February 20

9:00 am For the repose of the soul of Henry Woodroffe by the Pastor

Saturday February 21

4:30 pm For the repose of the soul of Colette Vaillancourt by Ken Gaydamack

Sunday February 22

9:00 am For the special intentions of the Parishioners

10:45 am For the repose of the soul of Rena Coulombe by Andre & Marie Coulombe

THIS WEEK AT OUR LADY'S...

Saturday February 14 - Soul Food Saturday 2:45 pm hall; K of C Membership Drive 4:30 Mass

Sunday February 15 - K of C Membership Drive both Masses, Baptism 12 noon, Theology on Tap - 5:00 pm Russell House

Monday February 16 - First Communion/Confirmation Parish Program 6:30 pm hall

Tuesday February 17 - Adult Choir Practice 7:30 pm, RCIA 7:30 pm

UPCOMING ACTIVITIES AT OUR LADY'S . . .

Saturday February 21 - CWL Membership Drive 4:30 pm Mass

Sunday February 22 - CWL Membership Drive 9:00 & 10:30 am Masses

Monday February 23 - First Communion/Confirmation Parish Program 6:30 pm hall

Tuesday February 24 - Shrove Tuesday Pancake Supper 5-7 pm, Adult Choir Practice 7:30 pm, RCIA 7:30 pm

Wednesday February 25 - Ash Wednesday Masses
MTCS Liturgy 8:45 am, Parish 7:00 pm.

Thursday February 26 - Pot Pourri 7-9pm Church

As Catholics..... WHY DO WE CELEBRATE HOLY DAYS OF OBLIGATION?

In the middle Ages many Christians considered themselves to be unworthy to go to Mass and instead prayed private devotions. The Holy Days of Obligation were enacted as an invitation giving laity the permission, and the privilege, of attending Mass other than on Sundays as followers of Christ. The Mass is the focal point of our faith and we attend Mass as an expression of our belief.

TAX RECEIPTS: Your 2008 tax receipts are now available to be picked up in the foyer. Please verify your name, and address (including postal code) so that our records can be updated and maintained.

NEW BULLETIN: Due to circumstances beyond our control the bulletin does have an error. The front page reads the wrong time for 10:45 am Mass. Please accept our apologies.

February 15, 2009

Ken Gaydamack, Norita Trottier,
Cory VandenHenenberg, Teresa Morris, Jack Tyo
and Gilles Benoit.

If you would like a name added to this list
please call the office.



◆ **PILGRIMAGE STATUE OF OUR LADY OF THE MIRACULOUS MEDAL**
is at the home of the Plant family this week. If you wish to take
home Our Lady for 1 week, please sign up on the sheet on the table
in the foyer.



COFFEE SUNDAY: Please remember this is a service
to the parish. It is your donations that will keep it
viable.

Sunday February 22nd will be hosted by:
9:00: CWL 10:45: CWL

Join us on our Lenten Journey: STATIONS OF THE CROSS every
Friday at 7 pm
except March Break

February 20 th	Fr. Tim
March 6	Development and Peace
March 13	The Knights of Columbus
March 27	The Catholic Women's League
April 3	Fr. Tim

COUNTDOWN FOR LENT Ash Wednesday is coming!

Lent begins on Ash Wednesday, Feb. 25th and ends with the
beginning of the Mass of the Lord's Supper on the evening of Holy
Thurs., April 9th. Remember that Ash Wednesday and Good Friday
are days of fasting and abstinence from meat. In addition, it is also
customary to not eat meat on the Fridays of Lent. We do this as a
sign of our repentance, and in the spirit of prayer.

Why do Catholics Fast ? ? ?

Catholics consider **FASTING** to be a spiritual discipline by which food
is voluntarily given up for a defined period of time. The Bible often
cites fasting as a worthy practice. Jesus himself fasted for forty days
in the desert before undertaking his Public Ministry.

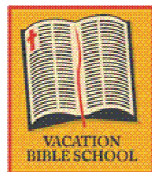
Contemporary Catholic usually understand **FASTING** to mean only
one full meal a day with no snacking and the other two meals not
equally the one full meal. (Of course, this does not mean that you
should make that one full meal extra big!)

The custom of fasting also has the purpose of making a person feel
in solidarity with the many hungry people of our world. The feeling
of the hunger pangs could also be a tangible reminder of how we
ought to hunger for God.

ASH WEDNESDAY MASS IS AT 7 PM

Suggestion for the Week:

Go to Church for Mass and Ashes and bring a non-practicing friend
with you.



VACATION BIBLE SCHOOL: Plans are underway for
Vacation Bible School to be held at our parish this
summer 2009. Vacation Bible School (VBS) is a
specialized form of religious education for children.
If you are interested in helping organizing this event
and would like to be part of our team, please

contact Allison Fortier 613-443-2657 or email:

allison@afortier.com.



**KNIGHTS OF COLUMBUS MEMBERSHIP
WEEKEND FEB. 14/15:** Now is the best time
to join your Knights of Columbus Council
#12401! Consider joining one of the most
active, if not the most active group, within
our Parish Community. Experience Fraternity,
Unity, Involvement and the personal
satisfaction of lending a helping hand. Info:
Tom Sullivan 764-3822

TAKE A LOOK - THE CWL ARE HAVING A SALE: Items have been
marked down in the cabinet located in the foyer. Please keep in mind
this is a wonderful place to find a gift for Easter or First
Communion/Cofirmation.

CALENDAR OF DATES FOR SACRAMENTS OF FIRST EUCHARIST & CONFIRMATION FOR THIS PASTORAL YEAR

Rite of Enrolment

Saturday, March 7th - 4:30 pm Mass

Sunday, March 8th - 9:00 am & 10:45 am Masses

Celebration of the Sacraments of First Communion & Confirmation

Saturday, April 25th at 4:30 pm Mass

Sunday, April 26th at 9:00 am & 10:45 am Masses

Sunday May 2nd - 10:45 am Mass

Parish Program: Sunday, May 3rd at 10:45 am Mass

◆ **WILLS:** As a parishioner, have you ever considered remembering
Our Lady of the Miraculous Medal Church in your "Last Will and
Testament?" It's a wonderful way to ensure that the many good works
of your Catholic faith community keep becoming realities. If you'd
like to discuss the possibility of leaving such a gift in your name, or
if you have any questions or related concerns, please feel free to
contact the Church Office.

OTHER INFORMATION RECEIVED:

◆ **ANXIETY & DEPRESSION SEMINAR:** St. Patrick's Basilica (220 Kent
St.), Mon., Feb. 16, 7:30 - 9:30 p.m. (use ramp entrances). Mike
Glugosh, of Midwest Center for Anxiety & Depression, once suffered
from both but now promotes a 16-step cognitive coping technique for
overcoming struggles with anxiety and depression. Info: (613-233-
1125). Free.

◆ **40 DAYS FOR LIFE CAMPAIGN:** During Lent, Feb. 25 - Apr. 5. In
repentance for all the victims of abortion, the Campaign consists of
prayer, fasting, and peaceful vigil during the entire 40 days. With the
endorsement of His Grace Archbishop Prendergast, all parishes are
invited to participate. Info: Robert Desmarais 445-3683/ Campaign
Life Coalition (613-729-0379); (www.40daysforlife.com/Ottawa/).

BULLETIN DEADLINE: TUESDAY NOON to Church Office: email
olmm@bellnet.ca or fax 613-445-9839.