

## First Sunday of Lent~Year A

Diocesan Theme: THE FAMILY: HOME OF LOVE, MERCY AND JOY.

"The fruit of the Spirit is love, joy, peace..." (Galatians 5.22)

Parish Mission Statement: "LOVE GOD, LOVE OTHERS, MAKE DISCIPLES"

### Mass Intentions

#### Saturday, March 4<sup>th</sup>

**4:30 pm** For the intentions of the Guertin family by the staff of MTCS

#### Sunday, March 5<sup>th</sup> –First Sunday of Lent

**9:00 am** For the repose of the soul of Claudette Pare by the K of C members

**10:45 am** For the intentions of the parishioners by the pastor

#### Tuesday, March 7<sup>th</sup>

**7:00 pm** For the birthday intentions of Mark Lalonde by the Urlocker/Lalonde family

#### Wednesday, March 8<sup>th</sup>

**8:30 am~at STA**

#### Thursday, March 9<sup>th</sup>

**9:00 am** For the repose of the souls of George Hendley, family members and friends

#### Friday, March 10<sup>th</sup>

**9:00 am**

#### Saturday, March 11<sup>th</sup>

**4:30 pm** For the repose of the soul of Claudette Pare by Andre and June Pare

#### Sunday, March 12<sup>th</sup>

**9:00 am** For the repose of the soul of Dottie Vandemark by the Doyle family

**10:45 am** For the intentions of the parishioners by the pastor

### YOUR OFFERINGS FOR

**February 26<sup>th</sup>, 2017~\$3,395.00**

***Thank you for your generosity and support***

### ***INTENTIONS OF THE HOLY FATHER FOR MARCH:***

That persecuted Christians may be supported by the prayers and material help of the whole Church.

### **~IN OUR PRAYERS~**

For the sick among our families and friends especially:

Margaret Robertson, Addie Pittman,  
Marthe Lepine, Alyssa Gauthier and  
Melanie Joannette.

## Archbishop's Lenten Letter 2017

Dear brothers and sisters in Christ:

This Lent, I invite you to join me in renewing our journey as Catholic Christians on the path to holiness.

Holiness means being perfect (mature or complete) like the heavenly Father, who gives generously to bad and good alike (Matthew 5.45-48). Holiness means being lovingly obedient like Jesus; it means to live, guided by the Holy Spirit.

St. Francis de Sales said the path to holiness is different according to one's state in life. It is exercised differently by the investment broker, scientist, and farmer, by the minimum wage worker; by the politician and teacher; by those widowed, by young people, parents of young children and the clergy. The quest for holiness needs to be adapted to the strength, activities, and duties of each person.

The season of Lent traditionally offers three ways to draw near to God: prayer, fasting and almsgiving.

The best prayer is the Eucharist. We should strive to make Sunday Mass the centre of our life of faith. Weekday Mass or meditation on the daily Scripture readings helps this faith life to deepen. Devotions such as Eucharistic adoration where available, the Rosary, Chaplet of Divine Mercy and Stations of the Cross help us grow closer to the Lord and one another.

Fast and abstinence are an important aspect of a Catholic's devotional life. Catholics are to abstain from meat on Ash Wednesday and the Fridays of Lent and to fast (eat only one full meal) on Ash Wednesday and Good Friday. This expresses our desire for personal renewal at the start of Lent (Ash Wednesday) and gratitude for the Lord Jesus' gift of his life for us (Fridays, especially Good Friday).

Other traditional acts of "giving up" sweets, alcohol, tobacco or other pleasures during Lent help individuals personalize their spirit of sacrifice—a desire to "turn from sin and believe the Good News".

Almsgiving flows from saving money by these sacrifices. We should care especially for the needy near and far, participating in our parish's social outreach and in the Lenten campaign for the poor of the world conducted by Development and Peace, founded fifty years ago by the Bishops of Canada to promote social justice in the Global South.

Finally, I commend to all the place of the Sacrament of Reconciliation in our quest for holiness. Wise interpreters of the spiritual life know that this practice of confession is a help to all who wish to grow spiritually.

May the Lord bless all of in the Archdiocese as we prepare to celebrate the Easter mystery "with the joy of minds made pure" (1<sup>st</sup> Lenten Preface).

Sincerely in Christ,

✠ Terrence Prendergast, S.J.s  
Archbishop of Ottawa

***Checkout our website at: [www.olmm.ca](http://www.olmm.ca)***

***Email: [admin@olmm.ca](mailto:admin@olmm.ca)***

**March 5<sup>th</sup>, 2017**

**Are you new to Our Lady of the Miraculous Medal Parish?**

**WELCOME! If you have not yet registered, please complete a registration form found in the foyer or in the office.**

**You may bring the completed form to the office or drop it in the collection basket.**

**THIS WEEK AT OUR LADY'S**

Mon. March 6<sup>th</sup>, ~Rosary making group  
~7:00 -8:30pm in the hall  
Tues. March 7<sup>th</sup>, ~Adult choir~7:30~church  
Tues. March 7<sup>th</sup>, ~First communion class~6:00-7:00  
pm~hall  
Wed. March 8<sup>th</sup>, ~Edge youth group~6:30-  
8:30pm~hall  
Thurs. March 9<sup>th</sup>, ~Confirmation class~6:00pm-  
7:00pm~hall  
Thurs. March 9<sup>th</sup>, ~CWL general meeting~  
7:00pm~hall  
Thurs. March 9<sup>th</sup>, ~K of C Executive meeting~  
7:30pm~kitchen

**MINISTRY SHORTAGE AT 9:00 A.M. MASS**

The number of sacristans, ushers and extraordinary ministers of the eucharist at the 9:00 a.m. mass has dwindled. If anyone would like to serve God and your parish by becoming involved in any of these ministries please contact Heather Sisk at [heatherasisk@gmail.com](mailto:heatherasisk@gmail.com) or at [613-443-2870](tel:613-443-2870).

**THE KNIGHTS OF COLUMBUS** will be serving breakfast next Sunday, March 12, after both masses downstairs in the church hall. Our traditional breakfast menu will include delicious omelets, scrambled eggs, sausages, pancakes, beans and hash browns. The cost is \$7 for adults, \$4 for children, or \$24 for families. Come and enjoy good food and fellowship.

**PLEASE JOIN US EVERY FRIDAY DURING LENT  
FOR THE STATIONS OF THE CROSS~AT 7:00PM**

March 10 – Led by Dn. Tom  
March 17 – Led by Dn. Allan  
March 24 – Led by the CWL  
March 31 – Led by the EDGE  
April 7 – Led by the KoC



**March 8<sup>th</sup>**, - Have you ever heard of Icons? They are special paintings of religious saints that can inspire us to pray. We have an expert guest from the Eastern Rite Church coming in this Wednesday, to help us to trace our own icon. Get ready for art and prayer all at the

**Call for Conscience Campaign** seeks to include conscience protection in provincial legislation with regard to Medical Assistance In Dying (MAID). It asks MPP's to support amendments to Bill 84 that would provide robust conscience protection for health care workers and create a care coordination service, which protects both patients and health care workers. Let your MPP know your views **asap** using the tool at: <http://www.canadiansforconscience.ca/ontario>

**Parishioners who wish to sponsor a child in Honduras** or make a goodwill donation in cash or by cheque are asked to make use of the specially marked envelopes in the foyer. Envelopes can be deposited in the regular church collection basket at any mass.

**HOMEBOUND PARISHIONERS:** If you have a family member who is homebound and would like to receive the Holy Eucharist please notify the parish.

**EASTER FLOWERS:** Parishioners can help beautify the church for Easter by making a donation for church flowers and decorations in the name of a departed loved one. The names of the donors and the names of their departed loved ones will be published in the church bulletin at Easter. If you have a loved one you would like to honour in this way, please fill out the envelope found in the pews including your donation. Thank you.