

## **Chapters 6 & 7 (Oct 20<sup>th</sup>, 2014)**

### Discussion Questions:

#### Chapter 6 – What is the Authentic Life?

1. When you are behaving in ways that are inauthentic, are you conscious of it at the time, or do you become aware of it only later? How do you feel different when you act authentically versus when you do not?
2. Is holiness possible for you? Why or why not?

#### Chapter 7 – The Path is Well Trodden

1. The author states that “The spiritual life is a long and difficult journey, and we are all pilgrims on this path.” How can the saints and their stories inspire each and every one of us to stay on this path and become all we can be?
2. Do you look to a particular saint for inspiration and an example in your life? If so, which one(s), and why?