



Fourth Sunday in Ordinary Time

Together With Mary We Live the Eucharist

*"Eucharistic Heart of Jesus, may your kingdom come through the Immaculate Heart of Mary."
"Eucharistic Heart of Jesus, burning with love for us, set our hearts on fire with love for you."*

Mass Intentions

- Saturday, February 2nd**, Feast of the Presentation of the Lord
4:30 pm In celebration of Colette and Marcel
Vaillancourt's 50th Wedding Anniversary by Donna
McKlusky
- Sunday, February 3rd**, Fourth Sunday in Ordinary Time
9:00 am For the special intentions of the parishioners by
The Pastor
10:45 am For the deceased relatives of Mr. & Mrs. Heymans
by Mr. & Mrs. Heymans
- Tuesday, February 5th**
9:00 am For the repose of the soul of Phil Bourassa by the
Pastor
For the repose of the soul of Murray Fleet by the
James family
- Wednesday, February 6th**
7:00 pm For the intentions of Jo and Gary Barnes by the
James family
- Thursday, February 7th**
9:00 am For the special intentions of the Parishioners by
the Pastor
- Friday, February 8th**
9:00 am For the repose of the soul of Aldo Barbesin
By the James family
- Saturday, February 9th**
4:30 pm For the repose of the soul of Roger and Joan
LeBlanc by the Urlocker/Lalonde family

THIS WEEK AT OUR LADY'S

- Sat., Feb 2nd: First Saturday Mass, 9 am. Soul Food Saturday
2:30 - 4:00 pm. Knights of Columbus
Membership Drive, 4:30 pm. after Mass.
- Sun., Feb 3rd: Knights of Columbus Membership Drive, 9 am
and 10:45 am after Mass.
Russell Food Bank Donation. Presentation of
children to be baptized at 9 am.
- Tues., Feb 5th: Shrove Tuesday Pancake Supper, 5-7 pm.
- Wed., Feb 6th: Ash Wednesday, distribution of ashes at Mother
Teresa School - 8:30 am. Distribution of ashes at
St. Thomas Aquinas High School - 10 am. & 1:15
pm. Atrium (no 9 am. Mass in Chapel)
Ash Wednesday Evening Mass - 7 pm.
- Thurs., Feb 7th: Baptismal Preparation Meeting - 7 pm. Hall
- Fri., Feb 8th: Stations of the Cross, 7 pm. Fr. Tim

UPCOMING ACTIVITIES

- Sun., Feb 10th: First Sunday of Lent; Diocesan & Missionary
Work Special Collection. Presentation of
Candidates and prayers over the candidates,
10:45 am. Mass
- Tues., Feb 12th: RCIA - 7:30 pm. Hall
- Wed., Feb 13th: Pot Pourri - 7 - 9:30 pm. Hall
- Thurs., Feb 14th: CWL Meeting - 7 pm. Hall
KOC Executive Meeting - 7:30 pm. Kitchen

Dear Brothers and Sisters in Christ,

LENT is coming! Let us make the most of this season of grace
by drawing closer to our Lord through prayer, fasting and
almsgiving.

We begin with our **ASH WEDNESDAY** Eucharist this coming
Wednesday at 7:00 p.m.

This Lent we do not have a special mission or speaker, but we
invite you to discover for the first time or enter more deeply into
the beautiful devotion of **STATIONS OF THE CROSS** on Fridays in
Lent, which we want to "spice up" for 2008. Come to one or come
to all of them:

Feb. 8st Stations written by Fr. Tim (with some of the Papal
Stations from 2006)

Feb. 15th Development and Peace

Feb. 22nd "Virtues" Stations written by Fr. Tim

Feb. 29th JP II Stations from 2000 by CWL

Mar. 14th Mary's Way of the Cross by the Knights

(If there are one to three altar servers available for the Stations,
we would be grateful to have them participate by carrying the
Cross and candles.)

Of course our Lenten conversion would be incomplete without
RECONCILIATION. Our Lenten penitential service, with individual
confession, will be held on Wednesday, February 27th at 7:00 p.m.

We also invite you to attend the **HOLY HOUR** on Friday, March
7th, from 7-8 pm, hosted by the Women's Prayer Group.

A reminder that **ASH WEDNESDAY** and **GOOD FRIDAY** are days
of fasting and abstinence. Fasting means one regular meal plus 2
smaller meals; abstinence means no meat. As Canon 1252 explains,
all those 14 years old and up are obliged to practice abstinence on
these days, and fasting is required by those between the ages of 18
and 60. Yes, the Church does have a law about such things, but let
us be generous with our penance, seeing fasting and abstinence as
a means to help us "turn from idols to serve the living and true
God" (1 Thessalonians 1:9)!

Fr. Tim

♦ ALTAR SERVERS: NEXT WEEKEND'S SCHEDULE

	1 st Server	2 nd Server	Cross Bearer
Sat., Feb. 9 nd			
4:30 pm.	Marie-Eve	Willian	Matthew
Sun., Feb. 10 th			
9:00 am.	Grant	Gordan	Nicolas
10:45 am.	Cameron	Emily	Eva

Please arrive 15 minutes prior to Mass.



COFFEE SUNDAY: We Serve Fair Trade Coffee! Please
remember this is a service to the parish. It is your
donations that will keep it viable.

9:00 am Both Coffee Sundays by The
10:45 am Knights of Columbus

February 3, 2008



Tini Forgues, Dave Phillips, Justin McKenna, Monica Baker, Jack Tyo and Eric Shea. (If you would like a name added to this list please call the office.)

◆ **PILGRIMAGE STATUE OF OUR LADY OF THE MIRACULOUS MEDAL** is at the home of Joseph Vaillancourt's this week. If you wish to take home Our Lady for 1 week, please sign up on the sheet on the table in the foyer.

◆ **ST. THOMAS AQUINAS H.S. MEXICO MISSION TEAM** is putting on a Roast Beef Dinner on Thursday, February 21st, 2008, at St Thomas Aquinas in the school's atrium from 5-7pm. Tickets are \$10 for adults, \$5 for kids 12-5, and anyone under 5 are free.



This weekend, the Knights of Columbus will be collecting food bags for the Township of Russell Good Neighbours Food Bank. Our local Food Bank needs your help. Items needed are canned meals (soups, chili, stews, etc...), canned meats, peanut butter, canned vegetables and fruits, cereals, fruit juices in single serving boxes and other non-perishable items. Items in glass jars cannot be donated. If you forget your bag, you can bring it at a later time and drop it in the bushel baskets located in the Foyer. To learn more about the Township of Russell Good Neighbours Food Bank, visit our web site at www.olmm.ca/foodbank.

◆ **SOUL FOOD SATURDAY:** February 2nd from 2:30 pm. - 4:00 pm come to scrap booking day in the church hall. Bring with you pictures receiving sacraments or of special faith moments in your life. For information please call Karen Urlocker at 613-445-2962.



KNIGHTS OF COLUMBUS MEMBERSHIP WEEKEND: Now is the best time to join your Knights of Columbus Council #12401! Consider joining one of the most active, if not the most active group, within our Parish Community. Experience Fraternity, Unity, Involvement and the personal satisfaction of lending a helping hand. Info: Paul Beaupré, 613-443-0325.

◆ **SHROVE TUESDAY PANCAKE SUPPER**

Feb., 5th from 5:00 - 7:00 pm. In the Church Hall. Delicious pancakes and sausages. Plus a choice of chocolate chip pancakes for those with a sweet tooth and potato pancakes for the adults.

Cost: Free will donation. Served by our Knights of Columbus.

Church Directory is found in pamphlet rack of Foyer

YOUR OFFERINGS

January 26/27- \$3119.72

Thank you for your generosity & support.

◆ **WELCOME TO NEW PARISHIONERS:** If you are new to Our Lady of the Miraculous Medal Church, welcome to our Parish. Please take a moment to fill in the registration form found on the table in the Church Foyer. Say "hello" to Fr. Tim and share fellowship with parishioners at one of our events.

◆ **YOUTH TEAMS OF OUR LADY:** Our next meeting is Saturday, February 16th at 5:30 p.m., starting with dinner. All youth grades 9-12 are welcome.

◆ **BECOME A PROVIDER OF THE CREIGHTON MODEL FERTILITYCARE SYSTEM:** A Provider Education Program is coming to Galilee Centre, Arnprior. 2 phases: March 1-8 & September 8-13. Accredited by the American Academy of FertilityCare Professionals, the program is designed to professionally train providers of the Creighton Model FertilityCare System. CEUs are available for nurses. Contact: Margaret Howard, Program Director (402-991-3145); (402-320-9268); (cmhoward12@cox.net).

◆ **SPIRITUAL LIBRARY:** Please remember to use our check-out procedures and return all material. This resource is available thanks to the Parish and the great volunteers who take pride looking after it for you. The following DVD's are missing from the library at this point:

Children's DVD's: The Adventures of Ocjee Nash, Are You My Neighbor? (Veggie Tales), Dave and the Giant Pickler (Veggie Tales), Esther: The Girl who Became Queen (Veggie Tales) and The Roach Approach: Don't Miss the Boat-Bruce Barry

Adult DVD's: The Mission, Saint Ralph, Miracles of the Passion, Beyond the Gates of Splendor, Theresa and The Cardinal

If you have a book/video please return it to blue basket as soon as possible or call the office for information (613)445-3054.

BULLETIN DEADLINE: TUESDAY NOON to Church Office: email olmm@bellnet.ca or fax 613-445-9839.

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