

## First Sunday Of Lent -Fourth Sunday Of Lent -Year B

Diocesan Theme: **Christ is Everything for Us!** "Lord, to whom can we go? You have the words of eternal life". (John 6.68).

Parish Mission Statement: **Love God, Love Others, Make Disciples!** Our Lady of the Miraculous Medal parish through the liturgy, faith formation and sacramental life, provides opportunities for members to develop their faith and service to others.

Mass  for the  
Intentions *Week*

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### Sunday, Feb. 21-First Sunday Of Lent

**9:00 am-** For the repose of the soul of Guilherme de Medeiros by the Fortier family

**10:45 am-** For the intentions of the Parishioners by the Pastor

### Tuesday, Feb. 23

**7:00 pm-**For an end to the pandemic by the James family

### Wednesday, Feb. 24

**9:30 am-** For the intentions of my family members by Mariette Chapdelaine

### Thursday, Feb. 25

**9:00 am-**For the personal intentions of Aunt Helene by T & R McEvoy

### Friday, Feb. 26

**9:00 am-**For the healing intentions of Gilles Tanguay by the Tanguay family

### Saturday, Feb. 27

**4:30 pm-**For the personal intentions of the McEvoy & Ilott families by T & R McEvoy

### Sunday, Feb. 28-Second Sunday Of Lent

**9:00 am-** For the intentions of the Parishioners by the Pastor

**10:45 am-**For the repose of the soul of Laurier Dupelle by Mariette Dupelle

### Tuesday, March 2

**7:00 pm-**For the repose of the soul of Roland Brault by Mariette Chapdelaine

### Wednesday, March 3

**9:30 am-** For the repose of the soul of Josianne Chartier by the Tanguay family

### Thursday, March 4

**9:00 am-** For the repose of the soul of Maria Arruda by Cathy Gambell

### Friday, March 5

**9:00 am-**For the intentions of Bert and Loretta Geetsma on their 50<sup>th</sup> wedding anniversary by Cathy Gambell

### Saturday, March 6

**4:30 pm-**For all souls in purgatory by T & R McEvoy

### Sunday, March 7-Third Sunday Of Lent

**9:00 am-** For the intentions of the Parishioners by the Pastor

**10:45 am-** For the repose of the soul of Gerard Ouelette by Dale & Lorraine Harper

### Tuesday, March 9

**7:00 pm-**

### Wednesday, March 10

**9:30 am-** For the repose of the souls of our deceased family members by JP and Joyce Vincelette

### Thursday, March 11

**9:00 am-** For the personal intentions of Aunt Helene by T& R McEvoy

### Friday, March 12

**9:00 am-** For the repose of the soul of Ron Lacroix by the Kolman family

### Saturday, March 13

**4:30 pm-**For an increase in vocations to religious and married life by the James family

### Sunday, March 14-Fourth Sunday Of Lent

**9:00 am-** For the intentions of the Parishioners by the Pastor

**10:45 am-**For the intentions of Gerry Redsell on his 90<sup>th</sup> birthday by the family

### Tuesday, March 16

**7:00pm-**

### Wednesday, March 17

**9:30am-**For the healing intentions of Regan Geetsma by Cathy Gambell

### Thursday, March 18

**9:00am**

### Friday, March 19-St. Joseph

**9:00am-**For the intentions of Fr. Masternak, Fr. Shroff and Fr. Hannon by Nellie Nahri

### Saturday, March 20

**4:30pm-**For the success of the Parish renovation & addition by T & R McEvoy

### Sunday, March 21-Fifth Sunday Of Lent

**9:00am-** For the repose of the souls of our deceased family members by JP and Joyce Vincelette

**10:45am-** For the intentions of the Parishioners by the Pastor

### Did you know that we are putting the Sunday 9:00am

**mass live on zoom every week?** The link for zoom is posted every Friday to our website and Facebook page. Please join us on Sundays for mass. The link to the Parish Facebook page is: <https://www.facebook.com/olmmrussell>  
The link to the Parish Website is: <http://olmm.ca>

### INTENTIONS OF THE HOLY FATHER FOR FEBRUARY:

Violence Against Women-We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

### INTENTIONS OF THE HOLY FATHER FOR MARCH:

Sacrament of Reconciliation-Let us pray that we may

**February 21-March 14, 2021**

**Are you new to Our Lady of the Miraculous Medal Parish?  
WELCOME! If you have not yet registered, please complete a registration  
form found in the foyer or in the office.  
You may bring the completed form to the office**

### **Archbishop's Lenten Message 2021**

The Church celebrates the Holy Season of Lent to prepare ourselves for the Easter Mystery. The structure of this holy season with its particular liturgical celebrations, such as Ash Wednesday, the Scrutinies for those seeking entrance to the Church through baptism at Easter, Palm Sunday and the Holy Week liturgies are meaningful and familiar. Though Lent may continue in a predictable pattern, circumstances in the world change from year to year. Each Lent, though familiar, is unique because we are experiencing life differently this year than the preceding one.

Last year we were in our first pandemic lockdown for Lent and Easter. For many, the loss of our Lenten liturgies and the powerful Easter celebration was particularly hard. We do not know at the present time how our Lent and Easter will unfold this year. There are contingency plans for different scenarios but much remains uncertain. What is certain, however, is our traditional Lenten preparations of prayer, fasting and charity, which serve as a preparation for Easter in this holy season of repentance and a means of renewed commitment to the Good News of Jesus Christ.

This year, Lent will be different than our usual experience. I encourage each and everyone of us to rely on our traditional practices of prayer, fasting and almsgiving with renewed vigour this Lent. You may consider offering the fruits of these practices in ways that support those struggling in the pandemic, especially those who are most vulnerable due to age, health, lack of resources or other reasons. No matter our particular circumstance, we can pray with and for those in need and in our fasting and charity, perhaps we can find ways to use the fruits of those practices to lend a material hand to those who need it.

Pope Francis in his encyclical *Fratelli tutti*, writes: "life, for all its confrontations, is the art of encounter. I have frequently called for the growth of a culture of encounter capable of transcending our differences and divisions" (n.215). I had a meeting with Carl Nicholson, the head of the Catholic Centre for Immigration. Carl shared with me the history of CCI's origins in Ottawa and the foundational support from the Filles de la Sagesse and the Soeurs de la Charité without whom CCI would not exist. Today, CCI in its three locations, welcomes and supports refugees and other newcomers to Canada, helping them settle in our beautiful city. CCI supports newcomers through, to mention on a few examples, mentorship programs, assistance getting accreditation with professional bodies, help finding housing and work, aid in accessing health care as well finding the spiritual support they need. I encourage you to see for yourself at: <http://cciottawa.ca/>. Please continue to pray for me, as I do for you.

✠ Marcel

**PLEASE JOIN US EVERY FRIDAY DURING  
LENT FOR THE STATIONS OF THE CROSS,  
AT 6:45 PM FOLLOWED BY MASS**

Friday, Feb 26-Led by Deacon Tom  
Friday, March 5- Led by K of C  
Friday, March 12- Led by Fr. Robert  
Friday, March 19- Led by CGS  
Friday, March 26- Led by CWL



**Greetings parish family!** During Covid it is amazing how quickly circumstances change. At this time, we are able to pay the regular parish expenses, but support for our building project has almost completely disappeared. At this time, the diocese has extended our request for fundraising until the end of 2021. Our ability to fundraise is greatly impacted at this time, so we hope that you will remember the importance of our building project and donate today. All donations can be e-transferred to [admin@olmm.ca](mailto:admin@olmm.ca), ( be sure to include in the message that it is for the Building project), mailed or dropped off at the parish. The parish needs your support more than ever and we hope you can give to this much needed and worthwhile project. All the best in the new year and thank you for your generous support now and in the future.

### **Seniors Corner : A Shout out for our Seniors!**

As the pandemic drags on, loneliness and social isolation continue to be a serious concern, especially for our seniors. Even just a few minutes on the phone can help to make someone feel wanted, connected, and alive. At the same time however, more and more of our ability to connect with each other depends on the use of computer technology, which can be difficult for older adults. "Connected Canadians" is a non profit organization that provides free technology training and support to seniors. For more information on how they can help, visit <https://www.connectedcanadians.ca> . For information on other seniors benefits and services available, or assistance during the pandemic, call 211, or visit <https://211ontario.ca> . Thank you to everyone for reaching out and staying connected with your elderly neighbours, family, friends, and greater community in this time of need!

**CHECK OUT OUR WEBSITE** at [www.olmm.ca](http://www.olmm.ca) and our Facebook page  
Email: [admin@olmm.ca](mailto:admin@olmm.ca)