

Third Sunday of Lent – Year A

Diocesan Theme: **Christ is Everything for Us!** “Lord, to whom can we go? You have the words of eternal life”.
(John 6.68).

Parish Mission Statement: **Love God, Love Others, Make Disciples!** Our Lady of the Miraculous Medal parish, through the liturgy, faith formation and sacramental life, provides opportunities for members to develop their faith and service to others.

MASS INTENTIONS

Saturday, March 7th

4:30pm Rest of the souls of Ron and Mary
Payment by Margaret Helliker

Sunday, March 8th – Third Sunday of Lent

9:00am Intentions of the parishioners by the
Pastor

10:45am Rest of the soul of Diane Tremblay
by Dale and Lorraine Harper

Wednesday, March 11th

9:30am Baptismal anniversary of Lucia
Vinueza

Thursday, March 12th

9:00am Intentions of Rodrigo and Amanda
Amador by the Vinueza-Acosta family

Friday, March 13th

9:00am Thanksgiving by a parishioner

Saturday, March 14th

4:30pm Rest of the souls of Luciana and
Anthony Gordon by Margaret Helliker

Sunday, March 15th – Fourth Sunday of Lent

9:00am Rest of the soul of Edward Doyle by
the KOC Council 12401

10:45am Intentions of the parishioners by the
Pastor

The three traditional pillars of Lent—
Prayer, Fasting, and Almsgiving
—are designed to foster a closer relationship
with God and spiritual renewal.

STATIONS OF THE CROSS LENT 2026

Everyone is invited to come to the church and pray
the Stations of the Cross with us each Friday
at 6pm...

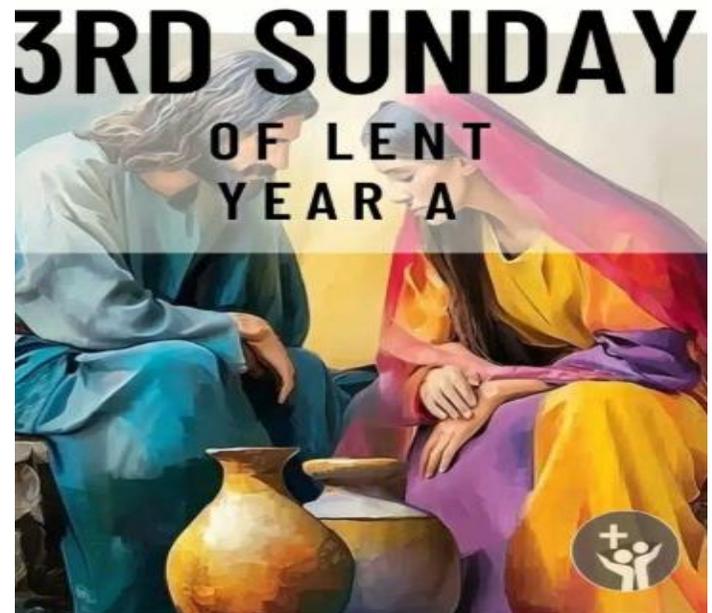
March 13th – Led by CWL

March 20th – Led by Youth Group

March 27th – Led by Children’s
Faith Formation



**THERE IS NO MASS AFTER THE
STATIONS OF THE CROSS.**



Readings: Ex 17:3-7/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26,
39a, 40-42

In today's Gospel, we read about the woman at the well. Jesus knows her better than she knows herself, and yet he shows his love for her. Through his conversation with her, he lets her know that she matters, and despite all the things she has done, she is loved. Isn't this what everyone thirsts for? Have you met Jesus like the woman at the well? Do you know how much you are loved? If not, spend some quiet time this week in his presence and ask him. If you have encountered Jesus like the woman at the well, share your story with others, and tell them what he has done for you so that they too may come to know him.

Intentions of the Holy Father for March

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

March 8, 2026

Are you new to Our Lady of the Miraculous Medal Parish?
WELCOME! If you have not yet registered, please complete a registration form in the foyer or office.

You may bring the completed form to the office or drop it in the collection basket.

URGENT SCAM ALERT

It has come to our attention that scammers are impersonating Fr. Gerard Plant via email and text, asking for "urgent help" or "favours" (usually requests to buy gift cards for the sick or needy).

Please know: OLMM staff will NEVER ask you to purchase gift cards or send money via text or email. If you receive such a message:

- **DO NOT** reply, click links, or open attachments.
- **DELETE** the message immediately.
- **REPORT/BLOCK** the sender.
- **VERIFY** by calling the church office directly if you are concerned.

OLMM Spiritual Library

Looking for something to read for inspiration during the Lenten season. There are many books both Children and Adult available in the Spiritual Library collection.

Take time to visit.

ATTENTION GRADE 12 STUDENTS

CWL Bursary Applications are available to any student of our parish currently in their graduating year or within 1-year post graduation from Grade 12 for the annual CWL bursary award of \$500. For more information and/or to obtain an application please refer to the parish website:

http://www.olmm.ca/groups_cwl.html or the parish office. Completed applications and supporting documents must be submitted by April 30th, 2026. Applications can be mailed in or dropped off at the office. For any questions contact Winnie Kerfoot, Bursary Committee Chair at wkerfoot@gmail.com.

Easter Flowers

Parishioners can help beautify the church for Easter by making a donation for church flowers in the name of a departed loved one. The names of the donors and their departed loved ones will be published in the church bulletin at Easter. If you have a loved one you would like to honour in this way, please fill out the envelope found in the pew and include your donation. The cut-off date is Sunday, March 29th.



Why become a Catholic Women's League member? Each week we will present a word that may spark your interest.



"MENTORSHIP" – Mentorship includes guidance, inspiration, and encouragement. The Catholic Women's League is a sisterhood of mentors willing to walk with you. Come be a part of the journey.

Legion of Mary Ottawa

*Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope!*



ACIES

Saturday, March 28

@10:00 a.m. to 12:00 p.m.

ST. PATRICKS BASILICA, 220 Kent St. Ottawa

Leader: Fr. Hezuk Shroff

The event will start with Legion prayers in the SCAVI downstairs followed by a talk by Fr. Shroff and procession ceremony for renewal of promise.

Our yearly consecration of ourselves to Mary, whom uses us to do work for Christ is a service where we declare "I am all thine my Queen and my mother, and all that I have is thine".

Active & Auxiliary Members



*Please join us on
Wednesday, March 18th,
at 6:00 pm for our parish
Lenten Penance Service.
Visiting priests will be
available.*

KNIGHTS OF COLUMBUS

COUNCIL 12401 CORNER



Council 12401 will be holding their annual spring food drive on March 14th - 15th. Members of the Knights will be handing out food bags after each mass. Parishioners are asked to bring back the bags with their donations the following weekend, March 21st - 22nd. We thank you for your commitment to help those in our community.

Please consider joining the Knights of Columbus and become a role model. For more information visit www.kofc.org