

Fourth Sunday of Lent – Year A

Diocesan Theme: **Christ is Everything for Us!** “Lord, to whom can we go? You have the words of eternal life”.
(John 6.68).

Parish Mission Statement: **Love God, Love Others, Make Disciples!** Our Lady of the Miraculous Medal parish, through the liturgy, faith formation and sacramental life, provides opportunities for members to develop their faith and service to others.

MASS INTENTIONS

Saturday, March 14th

4:30pm **Rest of the souls of Luciana and Anthony Gordon by Margaret Helliker**

Sunday, March 15th – Fourth Sunday of Lent

9:00am **Rest of the soul of Edward Doyle by the KOC Council 12401**

10:45am **Intentions of the parishioners by the Pastor**

Wednesday, March 18th

9:30am **Rest of the souls of George Hendley, family members and friends**

Thursday, March 19th – St. Joseph, Spouse of the Blessed Virgin Mary

9:00am **For the benefit and intentions of Cedric Dumais**

Friday, March 20th

9:00am **Intentions and well-being of all seniors**

Saturday, March 21st

4:30pm **Rest of the souls of Helliker - Coffey families by Margaret Helliker**

Sunday, March 22nd – Fifth Sunday of Lent

9:00am **Intentions of the parishioners by the Pastor**

10:45am **Birthday blessings for Rachel Workman by Josee Wan-Kam**

The three traditional pillars of Lent—
Prayer, Fasting, and Almsgiving
—are designed to foster a closer relationship
with God and spiritual renewal.

STATIONS OF THE CROSS LENT 2026

Everyone is invited to come to the church and pray the Stations of the Cross with us each Friday **at 6pm...**

March 20th – Led by Youth Group

March 27th – Led by Children’s Faith Formation



THERE IS NO MASS AFTER THE STATIONS OF THE CROSS.



Readings: 1 Sm 16:1b, 6-7, 10-13a/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

Today’s passage about Jesus healing the man born blind is rich in symbolism and meaning. Throughout the story, there are powerful images of light and darkness, sight and blindness, understanding and confusion, strength and weakness.

One striking aspect of the passage is the way Christ chooses to heal. He could have simply spoken a word and restored the man’s sight. Instead, He makes clay with spittle and dirt, places it on the man’s eyes, and tells him to go and wash. The blind man hears Jesus’ voice and feels His touch. His healing requires trust and participation—he must go and wash in order to receive his sight.

In this way, the healing becomes a true encounter between God and man. Christ continues to encounter people in a similar way through the Sacraments. Grace and healing are given through physical signs—water, bread, wine, and oil. Through these ordinary elements, Christ continues to touch and transform lives.

For this reason, the Sacraments should never be taken for granted. They are moments of real encounter with Christ, inviting believers to open their hearts and allow His grace to transform them more deeply into His disciples.

Intentions of the Holy Father for March

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

March 15, 2026

Are you new to Our Lady of the Miraculous Medal Parish?
WELCOME! If you have not yet registered, please complete a registration form in the foyer or office.

You may bring the completed form to the office or drop it in the collection basket.



Please join us on Wednesday, March 18th, at 6:00 pm for our parish Lenten Penance Service. Visiting priests will be available.

Why become a Catholic Women's League member? Each week we will present a word that may spark your interest.



"PEACE" –The Catholic Women's League help members grow in their relationship with God and with each other, a true peace.

Join us on Friday, March 20th, for the Seniors' Mass at 9 am, followed by refreshments and fellowship in the parish hall.

Legion of Mary Ottawa

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope!



ACIES

Saturday, March 28

@10:00 a.m. to 12:00 p.m.

ST. PATRICKS BASILICA, 220 Kent St. Ottawa

Leader: Fr. Hezuk Shroff

The event will start with Legion prayers in the SCAVI downstairs followed by a talk by Fr. Shroff and procession ceremony for renewal of promise.

Our yearly consecration of ourselves to Mary, whom uses us to do work for Christ is a service where we declare "I am all thine my Queen and my mother, and all that I have is thine".

Active & Auxiliary Members

ATTENTION GRADE 12 STUDENTS

CWL Bursary Applications are available to any student of our parish currently in their graduating year or within 1-year post graduation from Grade 12 for the annual CWL bursary award of \$500. For more information and/or to obtain an application please refer to the parish website:

http://www.olmm.ca/groups_cwl.html or the parish office.

Completed applications and supporting documents must be submitted by **April 30th, 2026**. Applications can be mailed in or dropped off at the office. For any questions contact Winnie Kerfoot, Bursary Committee Chair at wkerfoot@gmail.com.

Easter Flowers

Parishioners can help beautify the church for Easter by making a donation for church flowers in the name of a departed loved one. The names of the donors and their departed loved ones will be published in the church bulletin at Easter. If you have a loved one you would like to honour in this way, please fill out the envelope found in the pew and include your donation. The cut-off date is **Sunday, March 29th**.



PLEASE SEE BULLETIN INSERT FOR MORE DETAILS

KNIGHTS OF COLUMBUS COUNCIL 12401 CORNER



Remember the K of C Council 12401 food drive this weekend. Please pick up your food bag as you leave the parish after mass. Thank you for supporting our local food bank and our community.

Please consider joining the Knights of Columbus and become a role model. For more information visit www.kofc.org